

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Institute of Neurological Disorders and Stroke



[www.ninds.nih.gov](http://www.ninds.nih.gov)  
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## **KNOW THE SUDDEN SIGNS OF STROKE**

- **Sudden numbness or weakness of the face, arm or leg (especially on one side of the body)**
- **Sudden confusion, trouble speaking or understanding speech**
- **Sudden trouble seeing in one or both eyes**
- **Sudden trouble walking, dizziness, loss of balance or coordination**
- **Sudden severe headache with no known cause**

